

# MARCH NEWSLETTER 2026

## Volunteer Social!

Thank you to all the wonderful volunteers who joined us for our long-overdue Volunteer Social at The Mitre last Thursday. It was a fantastic evening filled with new faces, meaningful connections, and great conversations, not to mention the delicious food provided by The Mitre.

We were incredibly pleased with the turnout and the opportunity to put names to faces. The Fulham Good Neighbours spirit was truly alive, and we couldn't be prouder of the supportive, welcoming community we're building together.

If you're interested in getting involved as a volunteer, please get in touch with our Volunteer Coordinator, Alana Mann, on 07475 051543. We'd love to hear from you!



President: The Mayor of  
Hammersmith & Fulham



March 2nd 2026

## Social Clubs Timetable

### Monday

11:00am - Digital Support  
2:00pm - Chair-Based Exercise

### Tuesday

10:15am - Art  
1:00pm - Silver Lunch monthly  
at Lillie Langtry, The Eight  
Bells, The Kennedys, The  
Mitre

### Wednesday

1:00pm - Wednesday Lunch,  
Silver Lunch (monthly at Lillie  
Langtry)

### Thursday

11:00am - Reading  
1:00pm - Choir  
3:00pm - Chair-Based Exercise

### Friday

11:00am - Textiles Workshop



## Upcoming Digital Drop-in: NatWest Online Banking Support

**With the upcoming closure of the Fulham Broadway branch of NatWest,** we know this change may feel worrying for some, particularly for those who are unable to travel to alternative branches further afield.

To help support our beneficiaries with this transition, we're hosting a special in-person online banking workshop.

- **Date:** Monday 30<sup>th</sup> March 2026
- **Time:** 10:00am–1:00pm
- **Location:** 70 Rosaline Road, SW6 7QT

This friendly and supportive session is aimed at people aged 60+ and those living with disabilities who may be affected by the branch closure and would like guidance using online banking services from home.

Whether you're completely new to digital banking or simply have a few questions, NatWest volunteers will provide clear, step-by-step support in a relaxed and welcoming environment.

**As always, there'll be plenty of tea and cake to help create a comfortable atmosphere.**

There is no need for booking, simply drop-in!



## Silver Lunch at The Mitre

Beneficiaries enjoyed a lovely meal at The Mitre (81 Dawes Road, SW6 7DU), our latest venue as part of our Silver Lunches. **The next one will be taking place on Tuesday 31<sup>st</sup> of March** (last Tuesday of every month).

Enjoy a starter and main course, plus one drink (wine, cider, ale, or soft drink) and tea or coffee served with cake. Members of FGN pay £15. **This venue accepts Debit/Credit cards only! For cash payment, please contact Ruth.**

If you are interested in joining please contact Ruth.



## In the loving memory of Jane Finan

We are deeply saddened with the passing of a much-loved member of Fulham Good Neighbours, Jane Finan.

For many years, she was a dedicated and active member of our Art Group, her contributions to countless projects, including our Christmas Fairs, PGF, and the Fulham Through the Seasons mural, have left a lasting mark on our community.

## Choir Group

Our choir brings people together through the joy of singing in a relaxed and welcoming atmosphere **every Thursday 1:00pm at Rosaline Hall (term-time)**. You don't need to read music or have previous experience, just a love of music and a willingness to join in, an instructor is present to help you develop your skills.

It's a wonderful way to meet others, boost your wellbeing, and be part of something uplifting.

If you'd like to give it a try, we'd love to hear from you!



## Volunteer Corner

FGN offers online Mobile Handling and Ladder Safety Training, contact Steve or Barney for access.

If you are concerned about a beneficiary, please call 020 7385 8850 or if you are unable to reach a staff member call LBHF Adult Social Care on 0800 145 6095 (8.45 to 5pm, Monday to Friday). Outside office hours contact 020 8748 8588, email [safeguardingadults@lbhf.gov.uk](mailto:safeguardingadults@lbhf.gov.uk) or raise a safeguarding alert by completing and sending in this form.

[H&F safeguarding adults at risk concern form 58.68KB](#)). In an emergency please call 999.



## Services

### Gardening

Free support with garden clearance, lawn care, hedge trimming, and pruning. Eligibility criteria:

- Are unable to manage their garden, balcony or outdoor space due to age or disability
- Have no one else available to assist
- Cannot afford a private gardening service
- To ensure fairness, there is a 12-month gap between visits.

### Minor Home Repairs

Free support with small tasks like putting up shelves, fixing fittings, replacing bulbs, etc.

### Befriending

Regular befriending through weekly phone calls or in-person home visits from a trusted volunteer.

### Good Neighbour Scheme

Support with domestic tasks, medication delivery, access to the community, assistance with correspondence, shopping, etc.

### Digital Support

Friendly 1:1 support with learning about using computers and smart phones.

### Contact us

☎ 020 7385 8850

✉ [info@fulhamgoodneighbours.org](mailto:info@fulhamgoodneighbours.org)

🌐 [www.fulhamgoodneighbours.org](http://www.fulhamgoodneighbours.org)

📍 70 Rosaline Rd, London, SW6 7QT

### Social Media

🐦 [fulgdneighbours](#)

📷 [fulhamgoodneighbours](#)

📘 [Fulham Good Neighbours](#)

📞 [Fulham Good Neighbours Service](#)



# Supporters Scheme Form by Standing Order

## Your details

TITLE	FIRST NAME	LAST NAME
<input type="text"/>	<input type="text"/>	<input type="text"/>
ADDRESS		
<input type="text"/>		
POST CODE	EMAIL	TELEPHONE NUMBER
<input type="text"/>	<input type="text"/>	<input type="text"/>

REGISTERED CHARITY

**1113752**

PLEASE RETURN THIS  
COMPLETED FORM TO:

**Fulham Good  
Neighbours, Rosaline  
Hall, 70 Rosaline Rd,  
SW6 7QT, London**

## To the Bank Manager

## Standing order mandate

NAME OF YOUR BANK (BANK/BUILDING SOCIETY)	
<input type="text"/>	
ADDRESS OF YOUR BANK	POST CODE
<input type="text"/>	<input type="text"/>
ACCOUNT NAME	
<input type="text"/>	
ACCOUNT NUMBER	SORT CODE
<input type="text"/>	<input type="text"/>

I WOULD LIKE TO SET UP A STANDING ORDER FOR £  TO BE PAID  (MONTHLY/YEARLY/OTHER)

STARTING PAYMENT ON  /  /  AND THEREAFTER UNTIL FURTHER NOTICE. PLEASE QUOTE REFERENCE:  
SUPPORTERS SCHEME

PLEASE PAY THE ABOVE AMOUNT TO:  THE CO OPERATIVE BANK, BUSINESS DIRECT PO BOX 250, SKELMERSDALE, WN86WT

ACCOUNT NUMBER:  67309922 ACCOUNT NAME:  Fulham Good Neighbour Service SORT CODE:  08-92-99

SIGNATURE:  DATE:  /  /

## Gift Aid declaration (at no extra cost to you)

Gift Aid is a tax relief on money donated to UK charities by people who are UK taxpayers

Please increase the value of your donation by 25% by completing this Gift Aid Declaration.

I understand that I must pay an amount of income Tax and/or Capital Gains Tax in the tax year, at least equal to the amount of tax that all the charities and CASCs I donate to, will reclaim on my gifts for that tax year. I understand that other taxes such as VAT and Council Tax do not qualify and the charity will reclaim 25p of tax on every £1 that I have given.

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